HealthPlex Neonatal Intensive Care Unit Helps Hospital’s Tiniest Patients

On August 30, 2013, Katherine Green was admitted to Norman Regional’s HealthPlex for an emergency caesarean section. Her baby, Hayleigh, was born at 35 weeks and weighed just 3 pounds and 14 ounces. Hayleigh was immediately sent to the Neonatal Intensive Care Unit or NICU.

Mom Katherine was kept in the hospital for five days, battling high anxiety and blood pressure as well as worry about her newborn in the NICU. The nurses and staff in the Women’s and Children’s department helped her through this difficult time, Katherine said.

“Everyone was so great during the most stressful time of my life,” Katherine said. “Everyone was very helpful and sensitive to my needs.”

While Katherine was able to go home, daughter Hayleigh remained in the NICU. “My baby couldn’t have had better care anywhere else and I felt so comfortable having her there,” Katherine said.

Now, Hayleigh is out of the hospital and doing great at 10 pounds and 7 ounces. Your gifts to the Norman Regional Health Foundation help patients like Katherine and baby Hayleigh during critical periods in their lives.

Babies in the NICU depend on live-saving equipment to keep them stable, healthy and warm. Your generous gifts provided the NICU with a new state-of-the-art incubator and radiant warmer bed to care for these fragile newborns. This special bed will be a temporary home to 20 of our tiniest patients this year.

Your gifts help provide our hospitals with the best equipment, the latest training for staff and the resources to care for our tiniest patients. Thank you for investing in the health of your community.
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2014 Ambassador Ball

Mark your calendar for Norman Regional Health Foundation’s 7th annual Ambassador Ball. It will be an enchanting evening of modern-romantic elegance, combined with gourmet dining and dancing to the music of Bulletproof, one of the best and most sought-after bands in this part of the country. We encourage you to make plans now, as seating is limited. Cocktail hour will be at 6:30 p.m. with dinner and dancing to follow at 7:30 p.m.

Friday, February 7, 2014 at Embassy Suites Hotel
2501 Conference Drive, Norman, Oklahoma

For tickets please contact Trisha Crow at (405) 307-1077. The proceeds from this year's Ball will benefit Norman Regional's Rehabilitation Services. Every year, hundreds of families are affected by stroke and other debilitating illnesses and injuries. Recovery for these families can be challenging. It is Norman Regional Health System's goal to help these patients get back to living a full and productive life.

Your Holiday Shopping Made Easy

Share the feeling of goodwill with your friends and family by making a donation in their honor this holiday season

Let us help you with your holiday shopping list. For a minimum donation of $10 per card, we will mail our beautiful holiday card to those on your list acknowledging a gift was made in their honor. You can let your friends, family, customers or co-workers know you’re thinking of them this season while supporting the Foundation’s mission of helping our nonprofit health system provide quality and compassionate care.

Call (405) 307-1077 today and let us make shopping for your friends and family easy and meaningful!

The inside reads “A holiday gift has been presented to Norman Regional Health Foundation in your honor by”
Vascular Access Center Receives New Blanket Warmer for Patients

Your gifts help keep patients warm

Patients at Norman Regional Hospital visiting the Vascular Access Center will now feel the comfort of a warm blanket while receiving care. Norman Regional Health System’s Vascular Access Center is the state’s first and only hospital-based center that focuses on patients needing treatment for dialysis, long-term infusions as well as other vascular access needs. Your donations helped purchase a blanket warmer that will heat blankets to the perfect temperature to provide patients comfort as they complete their pre-operative work.

“We have many patients that come to our department with decreased blood flow and on dialysis,” said Jeff Farley, RN, BSN, Nursing Supervisor for Diagnostic Imaging. “They are often cold and keeping them warm is something they remember about the care they receive at our hospital.”

Your contributions to the Norman Regional Health Foundation improve the quality of care for our patients. “We love the blanket warmer and so do our patients. A big thank you to the donors of the Foundation. We appreciate you for helping us, help our patients,” Jeff said.

Scholarship Honors Former Nurse

The Evanna Esadooah Memorial Scholarship allows nurse to further her education

The Evanna Esadooah Memorial Nursing Scholarship was recently awarded in honor of former nurse Evanna Esadooah. The scholarship was established through the Norman Regional Health Foundation in memory of Evanna, a dedicated RN who worked at Norman Regional from 1986 until her death on December 8, 2012.

The scholarship was awarded to Cora Davis, RN, who works in the Norman Regional Hospital Emergency Department.

“I feel blessed to be the beneficiary of this special scholarship,” Cora said. “It truly means the world to my family and me.”

To honor Evanna, her colleagues, friends and family established the scholarship fund for those who wish to follow in Evanna’s footsteps and pursue an advanced nursing degree. She was the “go to” educator on the surgery units where she worked over the years. Gifts to this fund honor Evanna’s memory and provide much needed assistance to the scholarship recipient. Your gift not only impacts the life of scholarship recipients, but also the patients in their care.
Foundation Scholars for the 2013-2014 Academic Year

Thanks to your gifts, the Foundation Board awarded 24 students pursuing health care related degrees a total of $41,000. The following students were named Foundation Scholars.

<table>
<thead>
<tr>
<th>Student</th>
<th>School</th>
<th>Degree</th>
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<tbody>
<tr>
<td>Brittney Andrews</td>
<td>Platt College</td>
<td>Respiratory Therapist</td>
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<tr>
<td>Susan Barker</td>
<td>Graceland University</td>
<td>MSN – Nurse Practitioner</td>
</tr>
<tr>
<td>Jeff Barlow</td>
<td>University of South Alabama</td>
<td>Doctorate in Nursing Practice</td>
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<tr>
<td>Eudy Bosley</td>
<td>OU Health Science Center</td>
<td>Doctor of Medicine</td>
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<tr>
<td>Summer Clark</td>
<td>OU Health Science Center</td>
<td>Doctor of Medicine</td>
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<tr>
<td>Rachelle David</td>
<td>Oklahoma State University</td>
<td>Doctor of Osteopathic Medicine</td>
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<tr>
<td>Cora Davis</td>
<td>OU Health Science Center</td>
<td>MSN – Nurse Practitioner</td>
</tr>
<tr>
<td>Emmy Delgado</td>
<td>Southern Nazarene University</td>
<td>Bachelor of Science Nursing</td>
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<tr>
<td>Leisha Drews</td>
<td>OCCC</td>
<td>Bachelor of Science Nursing</td>
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<tr>
<td>Ashlee Erickson</td>
<td>OU Health Science Center</td>
<td>Bachelor of Science Nursing</td>
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<tr>
<td>Pamela Ezzell</td>
<td>Oklahoma City University</td>
<td>Bachelor of Science Nursing</td>
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<tr>
<td>Kristina Feezor</td>
<td>Midwestern State University</td>
<td>MSN – Nurse Practitioner</td>
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<tr>
<td>Guila Hall</td>
<td>OU Health Science Center</td>
<td>Doctor of Medicine</td>
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<tr>
<td>Justin Holbrook</td>
<td>OU Health Science Center</td>
<td>MSN – Nurse Practitioner</td>
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<tr>
<td>Melissa Jennings</td>
<td>OU Health Science Center</td>
<td>Doctor of Medicine</td>
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<tr>
<td>Lauren Kollar</td>
<td>OU Health Science Center</td>
<td>Doctorate in Nursing Practice</td>
</tr>
<tr>
<td>Nicki Nabavizadeh</td>
<td>OU Health Science Center</td>
<td>Doctor of Medicine</td>
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<tr>
<td>Bridget Pekah</td>
<td>Chatham University</td>
<td>Doctorate in Nursing Practice</td>
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<tr>
<td>Ryan Pitt</td>
<td>University of Texas - Arlington</td>
<td>Doctor of Medicine</td>
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<tr>
<td>Erin Sloan</td>
<td>OU Health Science Center</td>
<td>MSN – Nurse Practitioner</td>
</tr>
<tr>
<td>David Sparlin</td>
<td>OU Health Science Center</td>
<td>Doctor of Medicine</td>
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<tr>
<td>Amber Taylor</td>
<td>OCCC</td>
<td>MSN – APRN/CNS</td>
</tr>
<tr>
<td>Corinna Warner</td>
<td>Midwestern State University</td>
<td>Associates in Nursing</td>
</tr>
<tr>
<td>Sabina Winningham</td>
<td>OPSU</td>
<td>Family Nurse Practitioner</td>
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<tr>
<td></td>
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<td>Bachelor of Science Nursing</td>
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</table>

* Betty Smith Scholars  # Dana Wenthold Scholar
+ Evanna Esadoah Scholar  oo NRHS Employee

Grant Awards, Made Possible Because of You

Thanks to your gifts, the following grants were awarded to enhance our patient care:

- A Bili Meter Phototherapy light set to help cure Jaundice for the tiniest patients in the Nursery
- Patient chairs and furniture to create a more healing environment for our patients in Behavioral Medicine Services
- Portable bedside scales for patients on the Cardiac Intensive Care Unit
- Learning series for the Sexual Assault Nurse Examiner, camera lens and speculums for sexual violence victims at the Women's Resource Center, Inc.
- Hospital-grade television units for patient rooms in the Progressive Care Unit
- Registration fees to the annual Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) Conference for our Labor, Delivery and Recovery staff's continuing education
- Registration fees to the annual Stroke Conference for our Stroke Unit staff's continuing education

Welcome Two of Our New Board Members

**Curtis McCarty** is the owner of C.A. McCarty Construction, LLC and has been involved in residential construction in the Oklahoma City metropolitan area for more than 21 years. The business’s primary focus is custom homes. He and wife Jennifer have two children, Ella who is 14 and Rhett is 12. He enjoys spending time watching his kids play sports and traveling. Curtis says, “I enjoy giving my time to the Foundation to make our health system in Norman the best it can be. I believe that without the Foundation, our health system would not be as strong as it is.”

**Rod Polston** is the founder of the Law Office of Roderick H. Polston, P.C. He and his wife, Sara, have a new baby daughter, Brooklyn. Rod enjoys watching football, bow hunting and fishing. Rod says, “Norman Regional Health System is known for being No. 1 in patient satisfaction in the greater Oklahoma City area. As a local business owner, this accomplishment reflects my belief in always putting clients first. It is my honor to serve on the Foundation’s board to ensure the hospital keeps our patients and the outstanding quality of their care as its No.1 priority.”

We hope you enjoy reading about how your donations affect NRHS. But if you’d prefer to not receive our quarterly newsletter, please call (405) 307-1077 or email us at NRHFoundation@nrh-ok.com